

# St. Rose of Lima Parish



2191 Townsend Rd Sooke, BC V9Z 0H4  
250-642-3945

Parish Priest: Fr. Scott Whitemore

Email: [frscottwhitt@gmail.com](mailto:frscottwhitt@gmail.com)

Office email: [info@strosesooke.com](mailto:info@strosesooke.com)

[www.strosesooke.com](http://www.strosesooke.com)

Hospital Chaplain: Fr. Sean Flynn

Tel. 778-678-4317

## Parish Council

Rebecca Neilson - Chair

Gabrielle Bilinski

Jay Cabrera

Linda Soloshy

May Flores

Michelle Dusseault

Noel Green

## Religious Education

Dana MacBlain

## Finance Committee

Ken Brown - Chair

Mike Attard

Carol Dawes

## February 3 - 4, 2024

## 5th Sunday in Ordinary Time

*Our community welcomes you to  
Celebrate Jesus' Presence*

### Mass Times

Tuesday to Thursday: 9:00 am

Friday: 10:00 a.m. followed by Eucharistic Adoration  
until 11:15 am

Saturday: 5:00 p.m.

Sunday: 9:00 a.m.

If you are a visitor to St. Rose of Lima, we want you to know how welcome you are, whether you have come from another part of the country, from across the world, from another parish in the Diocese, or you're a neighbour in Sooke.

If you are interested in joining us on a regular basis, please complete the Parish Registration form located at the front of the Church or contact the Parish Office.

**Confession:** **Saturday**, from 4:00 to 4:45 pm  
**Friday**, from 9:30 to 9:45 am, and  
at any other pre-arranged time.

**Baptism:** By Appointment

**Weddings:** By Appointment

**Funeral:** Individual arrangements with our priest.  
Please call the parish office.

## Office Hours

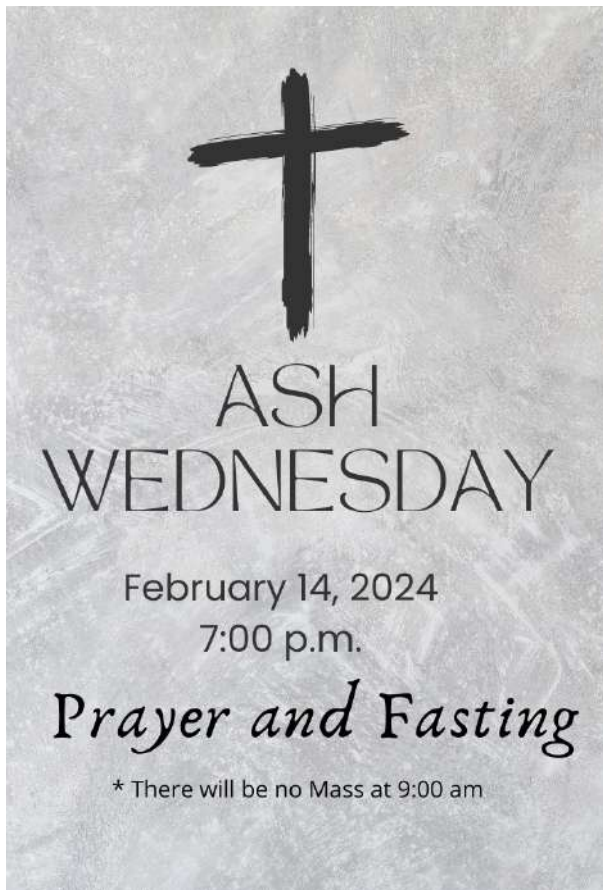
Tuesday: 9:30 AM—1:30 PM

Friday: 10:00 AM—2:00 PM

Astrid Osuna

## Mass Intentions

If you would like to offer your intentions, please contact the office or send a message to [info@strosesooke.com](mailto:info@strosesooke.com)



The Word Among Us daily meditations for Lent are available at the entrance of the church.



**Fridays during Lent 3:00 pm**

## Rosary group

The church will be open **Monday**s, 10 am. to 12 for anyone who wants to drop by for prayer or just visit. The Holy Rosary will be prayed at 10:30 am.



**All are invited!**

## Fasting and Abstinence

Both Ash Wednesday and Good Friday are special days of fasting and of abstinence from meat for Catholics throughout the world. These disciplines are meant to help us be more united with the sufferings and sacrifice of Jesus, as we enter into Lent and into the Passion of Jesus, and eventually into the glory of His Easter resurrection. They also facilitate a tiny bit of solidarity with the poor. Abstinence from all meat is for those who are 14 or older, providing that it does not seriously interfere with health or the ability to work. All Fridays throughout the year are days of abstinence from meat, though the Canadian Conference of Catholic Bishops says that an extra act of charity can serve as a substitute, **if necessary**. Fasting is expected of those aged 18 until your 59th birthday, but that does not mean there is no value to fasting beyond then. The minimal (canonical) requirement of the fast is by no means onerous, consisting of one regular meal and two others that combined are less than the size of one regular meal. We can easily do better than that. No snacks in between meals, only fluids, such as milk and juices.

## THE THREE PILLARS OF LENT

### FASTING



To deprive ourselves from good and bad things that are keeping us from devoting our hearts to Christ. It can deepen our awareness of Jesus' sacrifice on the cross.



### ALMSGIVING

To love others as Jesus loved us; to live our profession of faith not just through our words, but also through our actions to those around us each day.

### PRAYING



To help us be close to Christ and in constant dialogue with Him. We take time away from distractions to turn our focus back to Jesus throughout our day.

## The Pope prayer intention for February



### For the terminally ill

We pray that those with a terminal illness and their families, receive the necessary physical and spiritual care and accompaniment.



### Catholic Schools' Week – Feb 4-10, 2024

Today marks the beginning of Catholic Schools' Week (CSW). The theme this year is *Living, Celebrating, and Proclaiming Our Faith*. Each and every year, Catholic schools join together to share a message about the importance and value of Catholic education to the Church and society as a whole. For those that are not aware, there are five Catholic Schools in the Diocese (4 elementary and 1 high school) educating approximately 1460 students in the communities of Port Alberni, Duncan and Victoria. On behalf of all the Catholic schools in the diocese, thank you for your ongoing support whether that be through prayer, time, talent or treasure. We remain grateful for your prayers as we live our faith through this dynamic ministry.



The fifth annual National Catholic Health Care Week will be held from Sunday, February 4 to Saturday, Febru-

ary 10, 2024. The Week recognizes the courageous gift of Catholic health organizations across Canada. The Week leads into the World Day of the Sick on February 11, a Catholic day of observance established by Pope John Paul II.

Pope Francis' message for the 2024 World Day of the Sick may be read online at <https://www.vatican.va/content/francesco/en/messages/sick/documents/20240110-giornata-malato.html>.

## Louise Corbett Funeral



A funeral mass (11:00 am), and reception will be held (12:00 ) for our dear long time parishioner, friend and mother, Louise Corbett, on Tuesday February 27 at St Rose of Lima Parish. The reception will include a light lunch.

Paula McCormick

\* There will be no Mass at 9:00 am



The fundraising committee is planning a Silent Auction that will be held on-line

and in-house. Bidding will start on-line on February 25th at 8:00 a.m. and close on March 10th at 8:00 pm. The in-house portion of the auction will occur on the weekend on March 9/10 with items on display at the church after the weekend masses.

In order for this event to be a success, we are seeking donations from parishioners and businesses represented in crafts, jewelry, gift baskets, or unused new quality items to services such as haircuts, massages, yoga classes, IT support, or fishing charters and weekend getaways.

If you have connections with any local business owners and would be able to ask them for a donation for the auction we can provide you with a letter of verification from the parish.

Please speak to one of the fundraising committee members in the foyer after mass or email the parish office to let us know how you can help.

Thank you!



## Happy Birthday to:

January 20, Suzette Cabrera

January 22, Karla Dessilets

January 24, Andrew Legun

January 25, Suzanne De Grasse

January 26, Hermann– Josef Brinkschulte

January 27, Margaret Daly , Claude Rinfret , Rick  
Gilley, Chen Xiaobei Elizabeth

January 28, Ted Dawes

January 29, Marissa Thola, Sherline Sasi

January 30, Emilia Siri

January 31, Robert Seguin

February 1, Frances Tuscher



## Happy Anniversary to:

Maria & Gerhard Wild, January 24.

Heather & Norm Lewis, January 26.



## 2023 Appeal Update:

Tax receipts will be issued for 2023 donations/pledges in February.

Pledges for the 2023 Appeal will be accepted until February 29<sup>th</sup>, 2024. All donations received in 2024 will receive a 2024 tax receipt (next year). The official Appeal numbers will be released at the beginning of March.

## TO REPORT SEXUAL ABUSE TO AN INDEPENDENT AGENCY

To report sexual abuse by a clergy member, religious, employee, or volunteer, visit [RCDVictoria.org/Responsible-Ministry](https://www.rcdvtoronto.org/Responsible-Ministry) or call

**1-800-968-3146**

To report sexual abuse or cover-up by a Catholic Bishop, visit [BishopReportingSystem.ca](https://www.bishopreporting.ca) or call

**1-866-892-3737**

## Please pray for all

### parishioners who are ill, at home or in hospital



Paula Poppe, Jim Proudlove, Lynda Price, Debora Deering, Pauline Wilson, Linda Stirling, Eva Ruebenthaler, Gunter Rieper, Elisabeth and Tanja Epp, Jeanette Smith, Steve Formosa, Henrietta Olson, Fr. Michael Favero, Rhonda MacDougal, Rita Fitzner, Judith Medau, Gerry Cumming, Frances O'Donovan, Verne Donald, Roswitha Leiner, Mandy Jayne Morris, Andreas and Stefanie Leiner, Kathy Irmischer, Emily Trim, Gillian Grigor, Jean Kellner, Erika Schulze.

### **ON and OFF of this list if you let us know.**

*If you know of someone from our parish, family or friends, that would like to be added or removed from our prayer list (with their consent), please forward their names to the parish office.*

## JOB OPPORTUNITIES

- ◆ The Society of Saint Vincent de Paul of Vancouver Island is looking for a Membership and Volunteer Development Coordinator to work at their 4353 West Saanich Road, Victoria office. To learn more about this spiritually rewarding career opportunity, please view the job posting at <https://www.ssvpvancouverisland.ca/job-board/view/168-membership-and-volunteer-coordinator>.
- ◆ The Diocese of Victoria is still accepting applications for the position of UVic / Camosun College Chaplain. We seek a Chaplain who is committed to helping students grow and flourish within the Catholic faith tradition while living and learning in a secular campus environment. For more information, please visit <https://www.rcdvictoria.org/employment>
- ◆ The Diocese of Nelson is recruiting for a Diocesan Financial Administrator to work at their Pastoral Centre in Kelowna. Interested applicants are invited to submit a résumé and cover letter by January 31, 2024. For more information, please visit [https://www.nelsondiocese.org/apps/jobs/show\\_job.jsp?REC\\_ID=1516](https://www.nelsondiocese.org/apps/jobs/show_job.jsp?REC_ID=1516)